



#GetJacked

Youth Wrestling Tournament

AAU Youth Wrestling Tournament @ SDSU

All PARTICIPANTS receive 1 free admission

to SDSU dual vs Wyoming.

Friday @ 7pm.

Must register by 1/23/16 to get free ticket

- **Registration:** Please go to www.TrackWrestling.com to register.
- Location: Frost Arena on SDSU campus, Brookings, SD
- Weigh-in Date and Times: Jan. 29th 2016. 5:00pm 6:30pm
- Weigh-in Location: Frost Arena Men's Locker Room
- Wrestling begins: Saturday, January 30th, 2016. Wrestling will start at 9am.
- Cost:
 - o <u>Wrestlers</u>: \$25.00
 - <u>Coaches</u>: \$15.00 This includes your admission & coaches pass!
 - Coaches MUST show their Non-Athlete AAU card to receive a coach's band. (No Exceptions!)
 - Only coaches w/bands and wrestlers "on deck" will be allowed on the floor & mat side
 - All others (parents & wrestlers not on deck) will be asked to sit in the stands.
- Admission Fees: Adult/student: \$10.00; Family: \$25.00; Non-wrestlers under 5: Free
- Bracket:
 - 5 or less wrestlers will be in Round Robin,

6 or more wrestlers will be put in normal bracket style through random draws Two 2-minute periods, individual timing (For the 2nd period the wrestlers will start in the neutral position)

- Awards: 1st, 2nd, 3rd and 4th place Medals (must wrestle at least one match to receive an award)
- Age(Day of Tournament) & Weight Categories:

<u>Tot(6&u):</u> 35,40,45,50,55,HWT (75 max)

Bantam(7&8): 40,45,50,55,60,65,70,75,80,90,HWT (125 max)

<u>Midget(9&10)</u>: 50,55,60,65,70,75,80,85,90,95,103,112,120,130,HWT (175 max)

Novice(11&12): 60,65,70,75,80,85,90,95,100,105,112,120,130,140,HWT

AAU card and copy of birth certificate required for all wrestlers

• **Concessions:** Large selection provided - NO COOLERS PLEASE!

NOT RESPONSIBLE FOR ACCIDENTS OR LOST PROPERTY

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership

AAU Membership may not be included as part of the entry fee to the event AAU Youth Athlete membership must be obtained before the competition begins

BE PREPARED: Adult and Non-Athlete membership is no longer instant and cannot be applied for at event

Please allow at least 10 days for Adult and Non-Athlete membership to be processed

Participants are encouraged to visit the AAU website www.aausports.org to obtain membership

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